

ReDuCE
ReUSe
ReCYCLE



AGI GLOBAL SCHOOL

**LEARN TODAY, LEAD
TOMORROW**

Summer Vacation Home Engagement Activity

Grade - VII

**Art Integrated Learning
Environment**



SUMMER VACATION

Let's shout!

As School's Out!

It's time to have fun,

Escaping from the Sun.

Getting myself to read a book,

Going to the mall and getting a new look.

Or just hanging out with friends

And checking the new trends!

Try to create by innovation

'Cause it's a Summer Vacation.

Dear Parents

Warm greetings from the AGI GLOBAL SCHOOL family! Summer Vacation is a much awaited break, not only for the students and teachers but also for the parents, as it is the longest time of the year, you get to spend with your ward.

We have planned some meaningful activities for the students so that there is learning beyond books. Kindly assist your ward with the materials needed and ensure that all the tasks are completed.

This year we have assigned marks/grades for the Holiday Homework which shall be reflected in the progress report of the child.

We wish a very refreshing summer break and look forward to see our students, back to school on Tuesday, 1st July 2025.

Yours in Education

Harleen Mohanty

Director

DAILY REGIMES

1. **Stretch & Shine:** Start your morning with light exercises like yoga, jumping jacks, or dancing to keep your body moving and boost your energy.
2. **Hydration Boost:** Drink plenty of water and refreshing natural drinks like lemon water or coconut water. Add juicy fruits for a hydration treat.
3. **Outdoor Fun:** Go out early in the morning or in the evening, for games like badminton, cricket, or cycling to enjoy the fresh air and stay active.
4. **Create & Imagine:** Show your creativity through art and craft or express yourself with help of painting, drawing, or clay modelling.
5. **Story Time:** Read your favourite books or listen to audiobooks. Explore comics, short stories, or a cool fact book to keep your mind engaged.
6. **Smart Learning:** Try out DIY science experiments, educational games, online quizzes, or pick up a new skill like drawing or a language.
7. **Indoor Fun Zone:** Play board games, solve puzzles, or have a card game challenge with family — fun without stepping out!
8. **Movie & Munch:** Relax with a good movie or animated show. Don't forget the popcorn and lemonade for the full experience!
9. **Evening Breeze Walk:** Go for a peaceful walk with your family in the evening. Breathe in the cool air and relax before bedtime.
10. **Keeping Tidy:** Take care of your clothes, wardrobe and make your bed daily.

CREATING SOCIAL AWARENESS

Dear Parents

- 1. During holidays instead of taking kids to movies, shopping etc. please try to do the following activities:**
- 2. Go to the nearest bank and show them the functioning of the banks, how ATMs work and what is the benefit of it.**
- 3. Take time out and visit orphanage, home for the aged and make a small donation.**
- 4. Give them saplings and ask them to plant them and water them to see them grow. These can be gifted to friends and relatives.**
- 5. Take them to all the places of worship for exposing them to diversity.**
- 6. Take them to your hometown / village and let them spend time with their grandparents, uncles, aunts, cousins. Let them experience the affection and good times of being with the family. Show them what is agriculture / farming and the difficulties a farmer goes through in providing the food that we are eating and that we should not waste food.**
- 7. Take them to a restaurant and teach them how to order and table manners.**

Regards

Ms Aarti Sharma

Principal

HOLIDAY HEALTH ADVENTURE

Goals and Objectives:

1. To inspire students to maintain a healthy and active lifestyle throughout the holiday break.
2. To motivate students to participate in daily physical activities and make smart, nutritious eating choices.
3. To cultivate lasting habits of mindfulness, balanced eating, and consistent exercise.
4. To introduce students to a variety of physical activities and outdoor adventures, broadening their interests.

To encourage family participation in health and fitness routines, strengthening family bonds through shared activities.



IMPORTANT DAYS OF THE MONTH OF JUNE

WORLD BICYCLE DAY 3rd JUNE	Poster Making/design a futuristic Bicycle
WORLD ENVIRONMENT DAY 7th JUNE	Survey on waste segregation in your locality
FATHER'S DAY 15th JUNE	Write a heartfelt letter/buy a gift from pocket Money
INTERNATIONAL YOGA DAY 21st JUNE	Write about origin of yoga/name 12 Aasnaas of Surya-namaskar

DIVE INTO SUMMER READING

As we embark on the summer break, we encourage all our students to cultivate the wonderful habit of reading. Reading not only enhances vocabulary and comprehension but also fosters imagination and creativity.

To make the most of this summer, we are assigning some Summer Reading Tasks.

Suggested Books for Grade VII

- **The Great Train Journey by Ruskin Bond**
- **Malgudi Adventures by R K Narayan**
- **Diary of a Wimpy Kid**
- **Harry Potter and the Sorcerer's Stone" by J.K. Rowling**
- **The Diary of a Young Girl" by Anne Frank**
- **I Am Malala by Malala Yousafzai**

Book Review

by: _____

Book Title _____

Author _____

Genre _____

My Rating



Summary

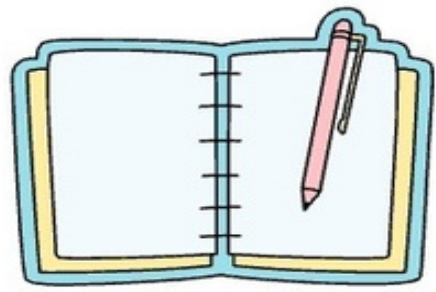
Opinion

I think

Recommendation

I would recommend this book to

STUDENT READING LOG



Book Read : _____

Author: _____

Self-care Checklist



To be filled Fortnightly



task activity

s

m

t

w

t

f

s

start your day with a glass of water

take a 10-minute walk outside

practice deep breathing for 5 minutes

write down three things you're grateful for

have a healthy snack

stretch for 5 minutes

turn off screens an hour before bed

enjoy a relaxing bath or shower

meditation before sleep

I'm Grateful for



My goals:



Self-care Checklist



To be filled Fortnightly



task activity

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m

t

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I'm Grateful for



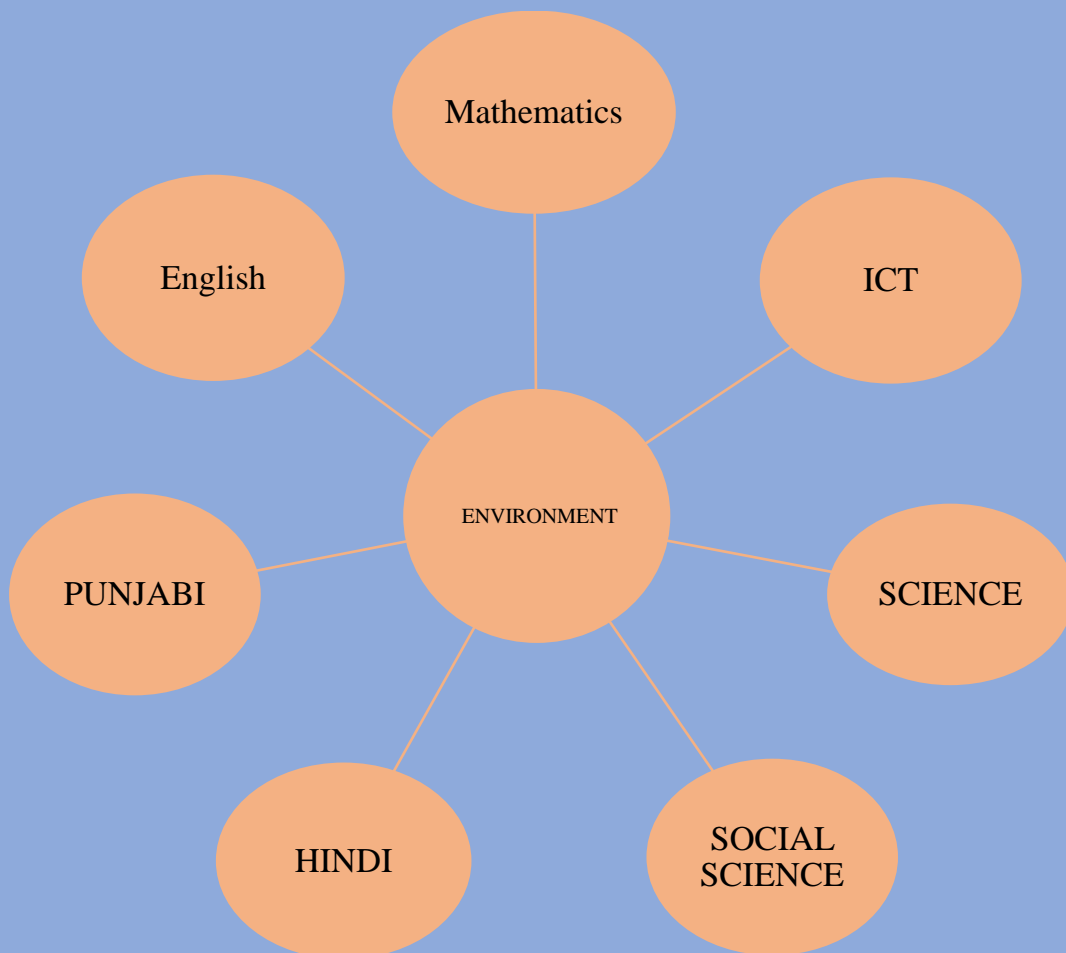
My goals:



ART INTEGRATED LEARNING ENVIRONMENT

NOTE: The entire holiday homework needs to be done in an A3 size scrapbook and handed over to the class teacher on 1st July 2025.

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ENGLISH

Activity 1. Letter Writing

Imagine Earth as a character and express its feelings through a creative letter and artwork. Write a letter from Earth's point of view, addressed to humans in your scrap book.

SAMPLE LETTER

Dear Humans

I am your home, your shelter, your silent companion. But lately, I have been hurting. My rivers cry with pollution, my forests tremble with fear. I miss the days when you cared for me. I hope you listen to my silent screams before it's too late...

Yours hopefully

Earth

Activity 2.Design a creative newspaper page and write an article titled:

"The Earth Cries Out: Let's Listen"

Include:

1. Environmental issues like pollution, deforestation, climate change
2. Impact on wildlife and humans
3. Simple, engaging language
4. Visuals like illustrations or photos
5. Call to action

COMPREHENSION:

Read the following passage and answer the following questions in your scrap book.

The environment is all around us. It includes the air we breathe, the water we drink, the trees, the animals, and even the land beneath our feet. All of these things work together in a balanced system. If one part of the environment is harmed or destroyed, it can affect the rest of the system. For example, if we cut down too many trees, it can lead to problems like soil erosion and the loss of animal habitats.

Taking care of the environment is important for our future. If we pollute the air and water, we are not only harming animals and plants but also putting our health at risk. Simple things, like recycling, saving water, and planting trees, can make a big difference. Every small action counts. If we all work together, we can protect the environment and ensure a healthy, clean world for future generations.

- 1. What is the environment made up of?**
- 2. Why is it important to take care of the environment?**
- 3. What can happen if we cut down too many trees?**
- 4. How can we protect the environment?**
- 5. Write down the synonyms of the following words:**

Environment

Balance

Harmed

Pollute

Simple

- 6. Give a suitable title to this passage.**

HINDI

Activity 1 अपनी स्कैप बुक के एक पेज पर प्रकृति का हल्के रंगों से सुंदर चित्रण करें। उसी शीट पर मौसम और जलवायु परिवर्तन से संबंधित एक कविता लिखो।

Activity 2 हरिशंकर परसाई जी की कुछ प्रसिद्ध लघु कथाएँ हैं: "हंसते हैं रोते हैं," "भोलाराम का जीव," "रानी नागफनी की कहानी," "तट की खोज," "ज्वाला और जल," "तिरछी रेखाएं," "पगडंडियों का जमाना"।

इनमें से कोई एक कहानी पढ़ो और उसे अपने शब्दों में अपनी स्कैप बुक में लिखो।

निम्नलिखित अपठित गद्यांश को ध्यान से पढ़कर पूछे गए प्रश्नों के उत्तर दीजिए-

आज, दुनिया भर में पर्यावरण प्रदूषण एक गंभीर समस्या बन गया है। इस प्रदूषण का मुख्य कारण मानव गतिविधियों से होने वाला प्रदूषण है। औद्योगिक कचरा, वाहन उत्सर्जन, और कृषि रसायन पर्यावरण को दूषित कर रहे हैं। इस प्रदूषण के कारण, कई बीमारियों का खतरा बढ़ रहा है, और कई जीवों की प्रजातियाँ विलुप्त हो रही हैं।

यह प्रदूषण न केवल हमारे स्वास्थ्य के लिए खतरनाक है, बल्कि यह हमारे जलवायु को भी बदल रहा है। ग्लोबल वार्मिंग और जलवायु परिवर्तन के कारण, हम प्राकृतिक आपदाओं जैसे कि बाढ़, सूखा, और तूफान का सामना कर रहे हैं।

पर्यावरण प्रदूषण को रोकने के लिए, हमें तुरंत कार्रवाई करनी चाहिए। हमें अपने घरों में ऊर्जा का कम उपयोग करना चाहिए, प्लास्टिक की वस्तुओं का उपयोग कम करना चाहिए, और कचरे को रीसायकल करना चाहिए। हमें प्रदूषण को कम करने के लिए सरकार और अन्य संगठनों से भी मदद मांगनी चाहिए।

हमें पर्यावरण को बचाने के लिए अभी से ही कदम उठाने चाहिए। हमें अपने बच्चों को भी पर्यावरण के बारे में जागरूक करना चाहिए ताकि वे भी भविष्य में पर्यावरण को बचाने में मदद कर सकें।

१. पर्यावरण प्रदूषण का मुख्य कारण क्या है?

२. पर्यावरण प्रदूषण के क्या परिणाम हो सकते हैं?

३. पर्यावरण प्रदूषण को रोकने के लिए हमें क्या करना चाहिए?

४. गद्यांश का उपयुक्त शीर्षक लिखो।

५. गद्यांश में दिए गए शब्दों के अर्थ बताइए: प्रदूषण, विलुप्त, ग्लोबल वार्मिंग।

६. गद्यांश से चार संज्ञा शब्द छाँटकर लिखिए।

PUNJABI

Activity 1. ਵਾਤਾਵਰਨ ਸਾਡੇ ਜੀਵਨ ਦਾ ਮਹੱਤਵਪੂਰਨ ਅੰਗ ਹੈ। ਵਾਤਾਵਰਨ ਵਿੱਚ ਵਿਚਰਦੇ ਹੋਏ ਅਸੀਂ ਕੁਦਰਤੀ ਸ੍ਰੋਤਾਂ ਨੂੰ ਮਾਣਦੇ ਹਾਂ। ਪਰ ਅੱਜ ਦੇ ਯੁੱਗ ਵਿੱਚ ਸਾਡਾ ਕੁਦਰਤੀ ਵਾਤਾਵਰਨ ਦੂਸ਼ਿਤ ਹੋ ਰਿਹਾ ਹੈ। ਆਓ ਇਸ ਦੀ ਸਾਂਭ ਸੰਭਾਲ ਲਈ ਆਪਣਾ ਯੋਗਦਾਨ ਪਾਈਏ।

ਤੁਸੀਂ ਆਪਣੇ ਘਰ ਵਿੱਚ ਜਾਂ ਬਾਹਰ ਕੁੱਝ ਛੋਟੇ ਪੌਦੇ ਬੀਜ ਕੇ ਵਾਤਾਵਰਨ ਨੂੰ ਹੋਰ ਸੁੰਦਰ ਬਣਾ ਸਕਦੇ ਹੋ।
ਵਾਤਾਵਰਨ ਅਤੇ ਇਸ ਦੀ ਸਾਂਭ-ਸੰਭਾਲ ਬਾਰੇ (ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿੱਚ) ਕੋਈ ਲੇਖ (Article) ਲੱਭ ਕੇ ਪੜ੍ਹੋ।

Activity 2. ਵਾਤਾਵਰਨ ਦੇ ਸੁੰਦਰ ਕੁਦਰਤੀ ਨਜ਼ਾਰੇ ਦੀਆਂ ਤਸਵੀਰ ਖਿੱਚ ਕੇ ਕੋਲਾਜ ਬਣਾਓ। ਰੰਗਦਾਰ A3 ਸ਼ੀਟ ਉੱਪਰ ਚਿਪਕਾ ਕੇ ਉਸ ਬਾਰੇ ਕੁੱਝ ਸਤਰਾਂ ਲਿਖੋ।

ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਅਣਡਿੱਠੇ ਪੈਰੇ ਨੂੰ ਪੜ੍ਹ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਲਿਖੋ।

ਵਾਤਾਵਰਨ ਤੋਂ ਭਾਵ ਸਾਡੇ ਆਲੇ-ਦੁਆਲੇ ਤੋਂ ਹੈ। ਹਵਾ, ਪਾਣੀ, ਮਿੱਟੀ, ਬਨਸਪਤੀ ਆਦਿ ਕੁਦਰਤੀ ਸ੍ਰੋਤ ਹਨ। ਵਾਤਾਵਰਨ ਉੱਪਰ ਗੈਸਾਂ ਦਾ ਇੱਕ ਗਿਲਾਫ਼ ਹੈ, ਜਿਸ ਨੂੰ ਵਾਯੂਮੰਡਲ ਕਹਿੰਦੇ ਹਨ। ਧਰਤੀ ਇੱਕ ਅਜਿਹਾ ਗ੍ਰਹਿ ਹੈ ਜਿਸ ਉੱਪਰ ਜੀਵਨ ਦੇ ਜਿਊਣ ਲਈ ਉੱਚਿਤ ਵਾਤਾਵਰਨ ਮੌਜੂਦ ਹੈ। ਵਾਤਾਵਰਨ ਕੁਦਰਤੀ ਵਰਤਾਰਾ ਹੈ। ਪਰੰਤੂ ਮਨੁੱਖ ਆਪਣੇ ਨਿੱਜੀ ਸਵਾਰਥ ਕਰਕੇ ਇਸ ਕੁਦਰਤੀ ਵਾਤਾਵਰਨ ਨੂੰ ਦੂਸ਼ਿਤ ਕਰ ਰਿਹਾ ਹੈ। ਭਵਿੱਖ ਵਿੱਚ ਮਨੁੱਖ ਦੇ ਸਾਹ ਲੈਣ ਲਈ ਸ਼ੁੱਧ ਵਾਤਾਵਰਨ ਤੇ ਸ਼ੁੱਧ ਹਵਾ ਨਹੀਂ ਬਚੇਗੀ। ਇਸ ਲਈ ਸਾਨੂੰ ਪ੍ਰਦੂਸ਼ਣ ਨੂੰ ਘਟਾਉਣ ਲਈ ਵੱਧ ਤੋਂ ਵੱਧ ਰੁੱਖ ਲਗਾਉਣੇ ਚਾਹੀਦੇ ਹਨ ਅਤੇ ਕੁਦਰਤੀ ਵਾਤਾਵਰਨ ਦੀ ਸਾਂਭ-ਸੰਭਾਲ ਕਰਨੀ ਚਾਹੀਦੀ ਹੈ ਤਾਂ ਕਿ ਆਉਣ ਵਾਲੀਆਂ ਪੀੜ੍ਹੀਆਂ ਕੁਦਰਤੀ ਵਾਤਾਵਰਨ ਦੀ ਗੋਦ ਵਿੱਚ ਆਨੰਦ ਮਾਣ ਸਕਣ।

1. ਵਾਤਾਵਰਨ ਤੋਂ ਕੀ ਭਾਵ ਹੈ?
2. _____ ਗ੍ਰਹਿ ਉੱਤੇ ਜੀਵਨ ਸੰਭਵ ਹੈ।- ਖ਼ਾਲੀ ਸਥਾਨ ਭਰੋ।
3. ਵਾਤਾਵਰਨ ਨੂੰ ਦੂਸ਼ਿਤ ਕੌਣ ਕਰ ਰਿਹਾ ਹੈ?
4. ਵਾਯੂਮੰਡਲ ਕਿਸ ਨੂੰ ਕਹਿੰਦੇ ਹਨ?
5. ਇਸ ਪੈਰ੍ਹੇ ਦਾ ਢੁੱਕਵਾਂ ਸਿਰਲੇਖ ਲਿਖੋ।

MATHEMATICS

Activity 1. Conduct a survey on polythene usage in your locality. Prepare a small questionnaire (5-7 questions) to gather data from 10-15 respondents. Analyze the data and write a short conclusion (100-150 words) highlighting your findings and suggestions for reducing polythene use

Activity 2. A community collects plastic bottles for recycling. If they collect 250 bottles per day and aim to increase collection by 15% each month:

1. Calculate bottles collected after 3 months
2. If each bottle saves 0.5 kg CO₂, find total CO₂ saved in 3 months

SCIENCE

Activity 1 Imagine travelling from Rajasthan's arid landscape to Kerala's backwaters. Compare and contrast the plants, food, weather, clothes in tabular form you'd observe in these two regions.

SAMPLE TABLE :

STATES	FOOD	PLANTS	WEATHER	CLOTHES
RAJASTHAN				
KERELA				

Activity 2 A nearby river is polluted due to industrial waste. Propose a comprehensive plan to restore the river's health, considering:

1. Causes of pollution
2. Impact on aquatic life
3. Sustainable solutions

SOCIAL SCIENCE

Activity 1 Design a creative and informative leaflet on the topic 'Protecting Our Environment'.

Your leaflet should include:

- a. An eye-catching title
 - b. Brief but powerful messages on environmental issues (like pollution, deforestation, climate change, etc.)
 - c. Simple tips for people to help protect the environment
 - d. At least one illustration or visual element
 - e. A slogan or call to action to encourage environmental awareness
- Make sure your leaflet is attractive, clear, and suitable for spreading awareness in your school or community

Activity 2 Punjab's rivers are lifelines for agriculture and industry, but pollution threatens their health. Propose practical solutions to protect these rivers while supporting:

1. Agricultural growth
2. Industrial development
3. Community well-being

ICT

Design a Power Point Presentation having at least five slides on the topic "Environment" using multimedia resources, such as images, videos, and animations. It may include information regarding environmental issues, their impact, and simple actions we can take to reduce our carbon footprint."

THE GREEN TIMES

VOICE OF THE EARTH'

APRIL 29, 2025

VOLUME 12, ISSUE 4

EARTH'S SOS: HOW CLIMATE ACTION CAN'T WAIT ANY LONGER



THE RACE AGAINST TIME CITIES LEADING THE GREEN REVOLUTION

NATURE'S COMBBACK

Endangered species
making a return
thanks to conservation
efforts. — —

PLASTIC BAN WINS — —

Countries that banned
single-use plostics and
saw dramatic —
environmental recovery

ECO TIPS FOR EVERYDAY HEROES —

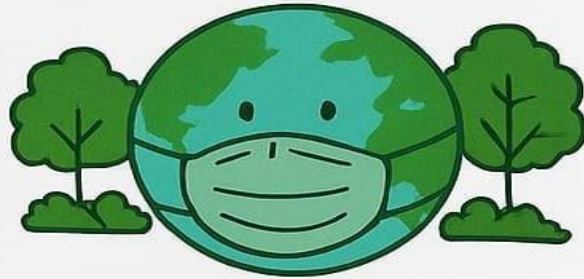
5 easy ways you can
help save the planet
today — —



THE OCEAN'S CRY THE HIDDEN DAMAGE OF DEEP-SEA MINING



SAVE OUR EARTH ACT NOW!



A Greener Planet Starts With You!

Why Should We Care?

Our environment is suffering due to pollution, deforestation, global warming, and excessive waste. If we don't act now, the damage may become Irreversible.

Key Environmental Issues:



Air & Water Pollution



Cutting Down Trees
(Deforestation)



Plastic Waste
Everywhere



Climate Change
& Melting Ice Cans

*Be the Change –
Make Earth Smile!*

What YOU Can Do:



1. Reduce, Reuse,
Recycle



2. Plant More Trees



3. Say NO to
Plastic Bags



4. Save Electricity
& Water



5. Use Public
Transport or Walk

6. Spread Awareness

Quick Tips to Be an Eco-Hero:

- Carry a cloth bag when shop-
- Turn off lights when not nee-
- Do not waste food or water
- Pick up litter when you see it
- Educate your friends and family

WORD BICYCLE DAY (3RD JUNE)



ACTIVITIES

- 1. Design and create a poster in your scrap book, highlighting the benefits of cycling (such as reduced carbon emission, air pollution, energy consumption), safety tips and ways to promote cycling in your community/area.**
- 2. Design and draw a futuristic bicycle in your scrapbook. Think about how bikes could look with new ideas like electric parts, designs, or smart features. Write few sentences explaining what's special about your bike. Make your drawing colourful and creative.**

WORLD ENVIRONMENT DAY (5TH JUNE)



ACTIVITY

Conduct a survey on segregation of waste in your locality. Prepare a small questionnaire (5-7 questions) to gather data from 10-15 respondents. Analyze the data and write a short conclusion (100-150 words) highlighting your findings and suggestions for segregating the waste.

FATHER'S DAY (15TH JUNE)

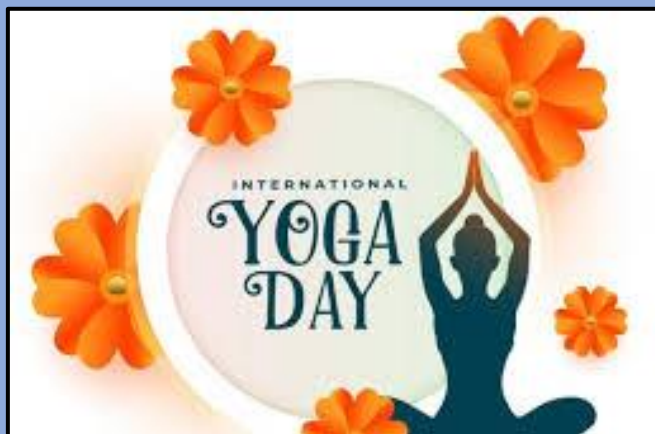


"A FATHER IS SOMEONE YOU LOOK UP TO,
NO MATTER HOW TALL YOU GROW."

Get creative and express your feelings!

- **Write a heartfelt letter to your father expressing gratitude for his love, guidance, and support, highlighting a memorable moment you shared together.**
- **Buy a gift from the market from your pocket money. Wrap it in an ecofriendly paper and gift it to your father.**

INTERNATIONAL YOGA DAY (21ST JUNE)



ACTIVITIES

1. Travel back in time to ancient India and write a brief note about the origins of yoga.
2. Observe the picture of Surya-namaskar and write the names of all twelve asanas involved.



MUSIC

Learn these songs by heart

Song no 1:- Happy Father's Day

Song no 2:- English prayer :- Make me a channel of your peace .

DANCE

Follow this link and learn the mudras

<https://youtube.com/watch?v=bi5oVX0Sp9s&si=3gGhQqI0GBBBXDHU>

SPORTS

Follow this link and perform these yoga exercises daily in the morning

https://youtu.be/brjAjq4zEIE?si=Z2ktkIfUiYH_M0HT

WISHING YOU A VERY HAPPY AND SAFE SUMMER VACATION

LOOKING FORWARD TO SEE YOU
ON TUESDAY 1ST JULY 2025

