

LEARN TODAY LEAD TOMORROW

SUMMER VACATION HOME ENGAGEMENT ACTIVITIES
GRADE-VIII



ART INTEGRATED LEARNING
SEASONS AND ITS IMPACTS

SUMMER VACATION

Let's shout!

As School's Out!

It's time to have fun,

Escaping from the Sun.

Getting myself to read a book,

Going to the mall and getting a new look.

Or just hanging out with friends

And checking the new trends!

Try to create by innovation

'Cause it's a Summer Vacation.

Dear Parents

Warm greetings from the AGI GLOBAL SCHOOL family! Summer Vacation is a much awaited break, not only for the students and teachers but also for the parents, as it is the longest time of the year, you get to spend with your ward.

We have planned some meaningful activities for the students so that there is learning beyond books. Kindly assist your ward with the materials needed and ensure that all the tasks are completed.

This year we have assigned marks/grades for the Holiday Homework which shall be reflected in the progress report of the child.

We wish a very refreshing summer break and look forward to see our students, back to school on Tuesday, 1st July 2025.

Yours in Education

Harleen Mohanty

Director

DAILY REGIMES

- 1. **Stretch & Shine:** Start your morning with light exercises like yoga, jumping jacks, or dancing to keep your body moving and boost your energy.
- 2. **Hydration Boost:** Drink plenty of water and refreshing natural drinks like lemon water or coconut water. Add juicy fruits for a hydration treat.
- 3. **Outdoor Fun:** Go out early in the morning or in the evening, for games like badminton, cricket, or cycling to enjoy the fresh air and stay active.
- 4. **Create & Imagine:** Show your creativity through art and craft or express yourself with help of painting, drawing, or clay modelling.
- 5. **Story Time:** Read your favourite books or listen to audiobooks. Explore comics, short stories, or a cool fact book to keep your mind engaged.
- 6. **Smart Learning:** Try out DIY science experiments, educational games, online quizzes, or pick up a new skill like drawing or a language.
- 7. **Indoor Fun Zone:** Play board games, solve puzzles, or have a card game challenge with family fun without stepping out!
- 8. **Movie & Munch:** Relax with a good movie or animated show. Don't forget the popcorn and lemonade for the full experience!
- 9. **Evening Breeze Walk:** Go for a peaceful walk with your family in the evening. Breathe in the cool air and relax before bedtime.
- 10. **Keeping Tidy**: Take care of your clothes, wardrobe and make your bed daily.

CREATING SOCIAL AWARENESS

Dear Parents

- 1. During holidays instead of taking kids to movies, shopping etc. please try to do the following activities:
- 2. Go to the nearest bank and show them the functioning of the banks, how ATMs work and what is the benefit of it.
- 3. Take time out and visit orphanage, home for the aged and make a small donation.
- 4. Give them saplings and ask them to plant them and water them to see them grow. These can be gifted to friends and relatives.
- 5. Take them to all the places of worship for exposing them to diversity.
- 6. Take them to your hometown / village and let them spend time with their grandparents, uncles, aunts, cousins. Let them experience the affection and good times of being with the family. Show them what is agriculture / farming and the difficulties a farmer goes through in providing the food that we are eating and that we should not waste food.
- 7. Take them to a restaurant and teach them how to order and table manners.

Regards
Ms. Aarti Sharma
Principal

HOLIDAY HEALTH ADVENTURE

Goals and Objectives:

- 1. To inspire students to maintain a healthy and active lifestyle throughout the holiday break.
- 2. To motivate students to participate in daily physical activities and make smart, nutritious eating choices.
- 3. To cultivate lasting habits of mindfulness, balanced eating, and consistent exercise.
- 4. To introduce students to a variety of physical activities and outdoor adventures, broadening their interests.

To encourage family participation in health and fitness routines, strengthening family bonds through shared activities.





IMPORTANT DAYS OF THE MONTH OF JUNE

WORLD BICYCLE DAY 3rd JUNE	Design and draw a futuristic bicycle
WORLD ENVIRONMENT DAY 7 th JUNE	Grow a herb/make an environment friendly bag
FATHER'S DAY 15th JUNE	Prepare a power point presentation
INTERNATIONAL YOGA DAY 21st JUNE	Write about origin of yoga/name 12 Aasnaas of Surya-namaskar

DIVE INTO SUMMER READING

As we embark on the summer break, we encourage all our students to cultivate the wonderful habit of reading. Reading not only enhances vocabulary and comprehension but also fosters imagination and creativity.

To make the most of this summer, we are assigning some Summer Reading Tasks.

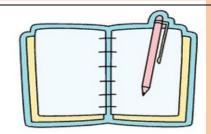
Suggested Books for Grade VIII

- The Great Train Journey by Ruskin Bond
- Malgudi Adventures by R K Narayan
- Diary of a Wimpy Kid
- Harry Potter and the Sorcerer's Stone" by J.K. Rowling
- The Diary of a Young Girl" by Anne Frank
- I Am Malala by Malala Yousafzai

Book Review

Book Title				
Author				
Genre		525	My Rating	. 5^
Summary	7,100,000,000,000		n n n	
Opinion				
I think				O D
Recommendation	1			
I would recommend	this knok to			

STUDENT READING LOG



Book Read :	Author:	
Date	Genre	Pages Read

Self-care Checklist



To be filled Fortnightly

task activity

5

m

t

W

t

f

5

start your day with a glass of water

take a 10-minute walk outside

practice deep breathing for 5 minutes

write down three things you're grateful for

40

have a healthy snack

stretch for 5 minutes

turn off screens an hour before bed

enjoy a relaxing bath or shower

meditation before sleep

I'm Grateful for



My goals:

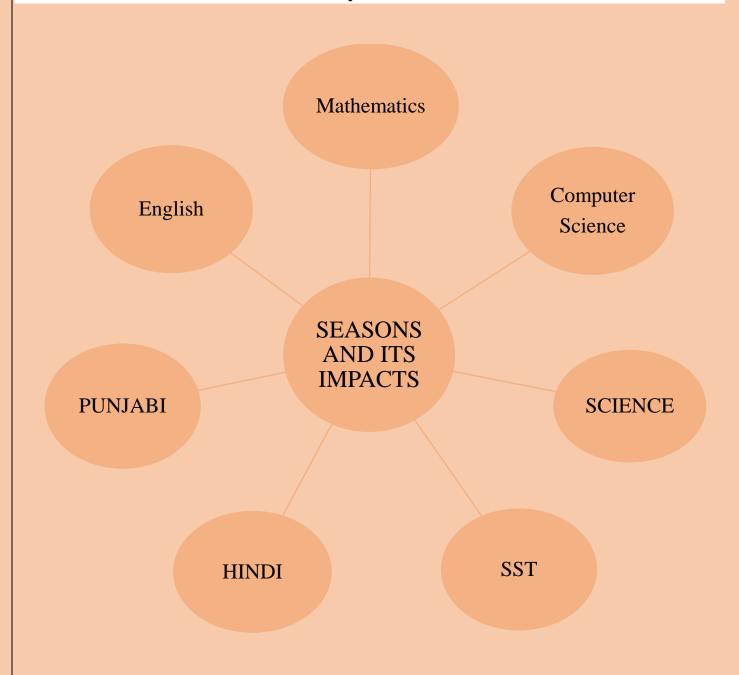






ART INTEGRATED LEARNING SEASONS AND ITS IMPACTS

NOTE: The entire holiday homework needs to be done in an A3 size scrapbook and handed over to the class teacher on 1st July 2025.



ENGLISH

<u>Activity 1</u>: You stumble upon a magical portal that takes you to a fantastical world where seasons change every hour. Write a diary entry describing:

- 1. Your first hour in the magical world (which season you encountered)
- 2. The amazing sights and experiences you had
- 3. The challenges you faced adapting to rapid seasonal changes

Activity 2:

You're a travel blogger exploring India's seasonal wonders. Write an email to your subscribers describing:

- 1. Your favourite seasonal destination (e.g., Shimla in summer, Goa in winter)
- 2. Activities and experiences you'd recommend
- 3. Tips for travelers planning a similar trip.

Paste the printout of email in your scrapbook.

Comprehension

The Earth goes through four primary seasons—spring, summer, autumn (also known as fall), and winter. These seasons occur due to the Earth's axial tilt and its revolution around the sun. As the Earth moves along its orbit, different parts of the planet receive varying amounts of sunlight, leading to changes in temperature and weather patterns that define each season.

Spring is often seen as a season of rebirth. As the snow melts and the ground warms, plants begin to grow, and flowers bloom in vibrant colours. Trees regain their leaves, animals come out of hibernation, and many birds return from migration. This season is associated with freshness, hope, and new beginnings. It is also the time when farmers begin planting crops.

Summer follows spring and brings the hottest temperatures of the year. Days are longer and nights are shorter. This season is ideal for outdoor activities such as swimming, hiking, and traveling. However, high temperatures can lead to heatwaves, sunburn, and dehydration. In some regions, summer can also bring monsoons or thunderstorms, which can be both beneficial and dangerous.

Autumn, also called fall, is marked by a gradual cooling of temperatures. Leaves of many trees change colour and fall to the ground, creating a picturesque landscape. This is the time

for harvest—crops like wheat, corn, and apples are gathered. The season is symbolic of maturity and change. It also prepares nature for the upcoming cold months.

Winter is the coldest of the four seasons. In many places, temperatures drop below freezing, and snow covers the ground. Days are shorter, and nights are longer. While some people enjoy winter sports like skiing and snowboarding, others struggle with the cold and the lack of sunlight. Seasonal Affective Disorder (SAD) is a type of depression linked to reduced sunlight during winter months.

Seasons influence not just the environment, but also human behavior, clothing, food choices, travel, and energy use. People wear lighter clothes in summer and warmer, layered clothing in winter. Electricity and fuel consumption change with the seasons due to heating and cooling needs. Festivals and holidays around the world are also closely tied to seasonal changes.

Understanding seasons helps us better appreciate the natural world and adapt our lives accordingly.

Comprehension Questions:

- 1. What causes the change in seasons on Earth?
- 2. Describe two characteristics of spring.
- 3. Why can summer be considered both enjoyable and hazardous?
- 4. What symbolic meaning is often attached to autumn?
- 5. How does winter affect human health and emotions?
- 6. Give examples of how seasons impact daily human life
- 7. What role do seasons play in agriculture?

HINDI

Activity 1: दो मित्र, आरुषि और सिद्धार्थ, ऋतु परिवर्तन के कारण बढ़ती स्वास्थ्य समस्याओं पर चर्चा कर रहे हैं। आरुषि का कहना है कि इससे एलर्जी और श्वसन समस्याएँ बढ़ रही हैं, जबिक सिद्धार्थ का मानना है कि हमें स्वच्छता और स्वास्थ्य शिक्षा पर ध्यान देना चाहिए। उनके बीच का संवाद लिखें।

Points to be added:

- 1. ऋतु परिवर्तन के स्वास्थ्य प्रभाव
- 2. बढ़ती स्वास्थ्य समस्याएँ
- 3. समाधान के लिए सुझाव

Activity 2: सुदर्शन जी की कुछ प्रसिद्ध लघु कहानियों में 'हार की जीत', 'सच का सौदा', 'अठन्नी का चोर', 'साइकिल की सवारी', 'तीर्थ-यात्रा', 'पत्थरों का सौदागर' और 'पृथ्वी-वल्लभ' शामिल हैं। इनमें से कोई दो कहानियाँ पढ़ो और उनका सार अपने शब्दों में लिखो

निम्नलिखित गद्यांश के आधार पर प्रश्नों के उत्तर दीजिए।

ऋतु परिवर्तन प्रकृति का एक अद्भुत प्रदर्शन है। पृथ्वी के सूर्य के चारों ओर चक्कर लगाने और अपनी धुरी पर झुकाव के कारण ऋतुएँ बदलती हैं. हर ऋतु का अपना अलग सौंदर्य और प्रभाव होता है, जो प्रकृति और मानव जीवन को प्रभावित करता है।

प्रकृति में ऋतु परिवर्तन एक निरंतर प्रक्रिया है। वसंत, ग्रीष्म, वर्षा, शरद, और शिशिर — प्रत्येक ऋतु अपने साथ एक विशिष्ट सौंदर्य और अनुभव लेकर आती है। वसंत ऋतु में प्रकृति खिलखिलाती है, ग्रीष्म में गर्मी का प्रकोप होता है, वर्षा में हरियाली छा जाती है, शरद में सुंदरता बिखेरती है, और शिशिर में पत्तियाँ गिरती हैं। ये परिवर्तन न केवल प्रकृति के लिए बिल्क मानव जीवन के लिए भी महत्वपूर्ण हैं। ऋतुओं के अनुसार जीवन के सभी पहलू प्रभावित होते हैं, जैसे कि भोजन, वस्न, और कार्य।

- 1. ऋतु परिवर्तन क्या है?
- 2. ऋतुओं के नाम बताइए।
- 3. ऋतुओं के परिवर्तन का मानव जीवन पर क्या प्रभाव पड़ता है?
- 4. ऋतु परिवर्तन प्रकृति के लिए क्यों महत्वपूर्ण है?
- 5. गद्यांश में किस पर जोर दिया गया है?
- 6. गद्यांश से चार संज्ञा शब्द छाँटकर लिखिए।

PUNJABI

<u>Activity 1:</u> ਸੰਨ 1975 ਅਤੇ ਵਰਤਮਾਨ ਸਾਲ ਵਿਚਲੀਆਂ ਸਹੂਲਤਾਂ ਨੂੰ ਮੱਦੇਨਜ਼ਰ ਰੱਖਦੇ ਹੋਏ ਮੈਸਮ ਦੇ ਸੰਦਰਭ ਵਿਚ ਤਸਵੀਰ ਰਾਹੀਂ ਬਿਆਨ ਕਰੋ ਅਤੇ ਲਿਖਤੀ ਰੂਪ ਵਿੱਚ ਅੰਤਰ ਸਪਸ਼ੱਟ ਕਰੋ।

<u>Activity 2</u>: ਸੁਹਾਵਣੇ ਮੈਂਸਮ ਵਿੱਚ ਆਪਣੇ ਪਰਿਵਾਰ ਨਾਲ ਤਸਵੀਰ ਖਿੱਚ ਉਸਨੂੰ ਰੰਗਦਾਰ ਸ਼ੀਟ ਉੱਪਰ ਲਗਾ ਕੇ ਤਸਵੀਰ ਦਾ ਪੰਜਾਬੀ ਵਿੱਚ ਸਿਰਲੇਖ (Caption) ਲਿਖੋ।ਵੱਖ-ਵੱਖ ਰੁੱਤਾਂ ਅਤੇ ਇਹਨਾਂ ਦੇ ਪ੍ਰਭਾਵ ਸੰਬੰਧੀ (ਪੰਜਾਬੀ ਭਾਸ਼ਾ ਵਿੱਚ) ਕੋਈ ਲੇਖ (Article) ਲੱਭ ਕੇ ਪੜ੍ਹੋ।

ਹੇਠਾਂ ਦਿੱਤੇ ਗਏ ਅਣਡਿੱਠੇ ਪੈਰੇ ਨੂੰ ਪੜ੍ਹ ਕੇ ਪ੍ਰਸ਼ਨਾਂ ਦੇ ਉੱਤਰ ਲਿਖੋ।

ਭਾਰਤ ਵਿੱਚ ਵੱਖ- ਵੱਖ ਰੁੱਤਾਂ ਪਾਈਆਂ ਜਾਂਦੀਆਂ ਹਨ। ਹਰ ਰੁੱਤ ਦਾ ਆਪਣਾ ਵੱਖਰਾ ਮਹੱਤਵ ਹੁੰਦਾ ਹੈ। ਲੋਕਾਂ ਨੂੰ ਹਰ ਰੁੱਤ ਦਾ ਬੜੀ ਬੇਸਬਰੀ ਨਾਲ ਇੰਤਜ਼ਾਰ ਹੁੰਦਾ ਹੈ। ਗਰਮੀ, ਸਰਦੀ, ਪੱਤਝੜ, ਬਰਸਾਤ, ਬਸੰਤ ਆਦਿ ਕੁਦਰਤੀ ਰੁੱਤਾਂ ਹਨ। ਉਦਾਹਰਨ ਵਜੋਂ ਜੂਨ-ਜੁਲਾਈ ਵਿੱਚ ਸਭ ਤੋਂ ਵੱਧ ਗਰਮੀ, ਦਸੰਬਰ-ਜਨਵਰੀ ਵਿੱਚ ਬੇਹੱਦ ਸਰਦੀ ਹੁੰਦੀ ਹੈ। ਵਧੇਰੇ ਸਰਦੀ ਦੌਰਾਨ ਰੁੱਖਾਂ ਦੇ ਪੱਤੇ ਝੱੜ ਜਾਂਦੇ ਹਨ,ਜਿਸ ਨੂੰ ਪੱਤਝੜ ਦੀ ਰੁੱਤ ਕਹਿੰਦੇ ਹਨ। ਜਦੋਂ ਰੁੱਖਾਂ ਦੇ ਨਵੇਂ ਪੱਤੇ ਨਿਕਲ ਆਉਂਦੇ ਹਨ ਤਾਂ ਬਸੰਤ ਰੁੱਤ ਦਾ ਆਗਮਨ ਹੁੰਦਾ ਹੈ। ਸਾਉਣ ਦੇ ਦੇਸੀ ਮਹੀਨੇ ਵਿੱਚ ਸਭ ਤੋਂ ਵੱਧ ਮੀਂਹ ਪੈਂਦਾ ਹੈ। ਇਸ ਤਰ੍ਹਾਂ ਹਰ ਰੁੱਤ ਕੁਦਰਤ ਨੂੰ ਆਪਣੀ ਨੁਹਾਰ ਵਿੱਚ ਬਦਲ ਦਿੰਦੀ ਹੈ

- 1. ਇਸ ਪੈਰੇ ਵਿੱਚ ਕਿਹੜੀ-ਕਿਹੜੀ ਰੁੱਤ ਦਾ ਜ਼ਿਕਰ ਕੀਤਾ ਗਿਆ ਹੈ
- 2. ____ ਮਹੀਨੇ ਵਿੱਚ ਸਭ ਤੋਂ ਵੱਧ ਬਰਸਾਤ ਹੁੰਦੀ ਹੈ। ਖ਼ਾਲੀ ਸਥਾਨ ਭਰੋ
- 3. ਬਸੰਤ ਰੁੱਤ ਵਿੱਚ ਕੀ ਹੁੰਦਾ ਹੈ?
- 4. ਕਿਹੜੇ ਮਹੀਨਿਆਂ ਵਿੱਚ ਸਭ ਤੋਂ ਵੱਧ ਸਰਦੀ ਹੁੰਦੀ ਹੈ?
- 5. ਇਸ ਪੈਰ੍ਹੇ ਦਾ ਢੁੱਕਵਾਂ ਸਿਰਲੇਖ ਲਿਖੋ
- -ਆਪਣੇ ਪਰਿਵਾਰ ਨਾਲ ਸਮਾਂ ਬਿਤਾਉਂਦੇ ਹੋਏ ਉਹਨਾਂ ਤੋਂ ਕੋਈ ਇੱਕ ਪੰਜਾਬੀ ਕਵਿਤਾ ਦਾ ਵਾਚਨ ਸਿੱਖੋ।

MATHS

<u>Activity 1:</u> You are living in Chennai (a coastal city with hot and humid climate) and planning to visit Ladakh (a cold desert region). Create a double bar graph comparing Chennai and Ladakh's monthly average temperatures.

Estimate and calculate the total weight of the packed items that you will carry.

Create a simple budget for buying winter clothes and travel equipments.

Activity 2: Which season is the favourite among people around you? Conduct a survey of at least 20 people (family, neighbours) to find out. Record their responses using a tally chart, create a bar graph or pie chart to show the results, and write a short conclusion about which season is most popular and why you think people prefer it.(table attached below)

SCIENCE

<u>Activity1</u>: Investigate how constant temperature affects plant growth. → Grow two sets of plants: one exposed to more light, warmth and one less light, cooler temperature. Compare results and paste pictures of the growth of two plants.(table attached below)

Record Observations in a Table:

- Height of plant
- Number of leaves
- o Any other visible change (e.g., budding, drooping)

Activity 2: Make a diagram showing the Earth's tilt and how it causes opposite seasons in the two hemispheres. Write a short explanation of the scientific reason behind the seasons

SOCIAL SCIENCE.

<u>Activity 1</u>: Imagine if only one season (like winter or summer) existed all year. Write how it would affect: Farming ,Clothing, Festivals, Daily living. Interview your parents or grandparents. Ask them:

- "How do seasons affect festivals, food, and traditions?"
- "What would they miss if there was only one season?"
- Note down their answers clearly.

Write a short conclusion on what you learned from their answers and your own thinking. Add pictures or drawings of traditional foods, clothes, and festivals from different seasons.

Activity 2: Collect newspaper clippings, magazine articles, and internet printouts related to global warming, climate change, or unusual weather. Add your own captions, thoughts, or short summaries. Include 1–2 pages showing before-and-after images of melting glaciers, forest fires, etc.

COMPUTER SCIENCE

Students will make a power point presentation to create a visual story showing how seasons change and how they impact the environment, people, and activities. They will edit seasonal photos (spring, summer, monsoon, autumn, winter) and small video

SCIENCE

(ACTIVITY 1)

OBSERVATION TABLE

DAY	HEIGHT	NUMBER OF LEAVES	ANY OTHER CHANGE

MATHS

(ACTIVITY 2) TALLY CHART

TALLY MARKS	TOTAL RESPONSES

Word Bicycle Day (3rd June)



World Bicycle Day, observed annually on June 3rd, highlights the importance of cycling as a sustainable, affordable, and healthy mode of transportation, promoting it for its environmental, health, and social benefits. It aims to encourage people to choose cycling, which can contribute to cleaner air, reduced congestion, and a more active lifestyle.

ACTIVITY

Design and draw a futuristic bicycle in your scrapbook. Think about how bikes could look with new ideas like electric parts, designs, or smart features. After you draw it, write 2–3 sentences explaining what's special about your bike. Make your drawing colourful and creative.

World Environment Day (5th June)



World Environment Day, observed annually on June 5th, is a global platform for raising awareness and promoting action on critical environmental issues. It's a key event for inspiring positive change and encouraging collective efforts to protect the planet for future generations

ACTIVITIES

- 1. Grow vegetables, herbs, or flowers at home in pots or a small garden space. Document the growth with photos and paste them in your scrapbook.
- 2. Spend a day (or week) avoiding single-use plastic items. Record alternatives used and reflect on the experience.
- 3. Click photos of birds, trees, insects, parks, or anything natural around them. Later create a collage.
- 4. Create eco-friendly gifts such as cloth bags or other handmade bags (using old clothes or fabric) and gift them to your family or neighbours.

FATHER'S DAY (15™ JUNE)

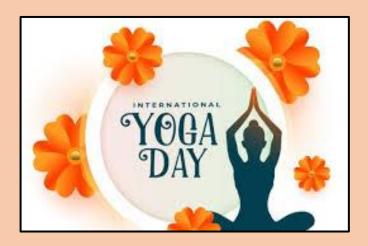


"A FATHER'S STRENGTH IS NOT IN HIS MUSCLES, BUT IN THE QUIET WAYS HE PROTECTS, GUIDES, AND LOVES."

Get creative and express your feelings!

Make a PowerPoint presentation with 3-5 slides depicting special moments with your dad. Add photos of you and your dad. Write 2-3 reasons why you appreciate him. Make your slides creative and colourful.

INTERNATIONAL YOGA DAY (21st JUNE)



ACTIVITIES

- 1. Travel back in time to ancient India and write a brief note about the origin of yoga.
- 2. Observe the picture of Surya-namaskar and write the names of all twelve assans involved.



MUSIC

Learn these songs by heart

Song no 1:- Happy Father's Day

Song no 2:- English prayer :- Make me a channel of your peace .

Follow these links:

https://youtu.be/ihhvm6eLWZI?si=EPDtAZ-o8Agt5Imm

https://youtube.com/watch?v=SG_TvhN6fBo&feature=shared

https://youtu.be/SOerJ2tRQ-A?si=BJQVPy-1N18JinfP

DANCE

Follow this link and learn the mudras

https://youtube.com/watch?v=bi5oVX0Sp9s&si=3gGhQqI0GBBBXDHU

SPORTS

Follow this link and perform these yoga exercises daily in the morning

https://youtu.be/brjAjq4zEIE?si=Z2ktkIfUiYH_M0HT

WISHING YOU & VERY HAPPY AND SAFE SUMMER VACATION

LOOKING FORWARD TO SEE YOU ON TUESDAY 1ST JULY 2025

